

Behind the Blur: Early-Onset Bilateral Cataracts Genetic Test Program

Collecting, shipping, and handling instructions for a buccal (cheek) swab sample

Once you have received the Behind the Blur genetic test kit, it is important that you take or administer the test as instructed for accurate results. Follow these quick, step-by-step instructions on how to properly collect a buccal swab sample and ship it to the lab.

PREPARATION

Kit contents: Tube with sponge, test program brochure, test requisition form, and FedEx® Clinical Pak

1 Avoid eating, drinking, chewing gum, brushing teeth, or smoking for at least 30 minutes before collecting the sample.

2 Wash hands prior to handling tube or funnel to avoid contamination.

COLLECTION

Precautions: Do NOT swallow the solution. Choking hazard. Caution should be used when inserting sponge into the mouth. Wash with water if liquid comes in contact with eyes or skin.



Open package and remove the collection tube without touching the sponge tip.



Comfortably place the sponge as far back in the mouth and gently rub along the cheek in a back-and-forth motion 10 times. Make sure you only swab the cheek and avoid rubbing teeth or getting saliva on it as much as possible.



Repeat Step 2 on the opposite side of the mouth along the lower cheek 10 times.



Hold the tube upright to prevent the liquid inside the tube from spilling. Unscrew the blue cap from the tube without touching the sponge.



Turn cap upside down. Insert the sponge into the tube and close the cap tightly.



Shake the capped tube back and forth vigorously 10 times.

SHIPMENT

1 Write the patient's name, date of birth, and collection date on label located on the collection tube.

2 Place tube into the pre-paid FedEx Clinical Pak.

3 Sign the consent form for Molecular Genetic Testing and include it with your collection.

4 Send back to PreventionGenetics as soon as possible. No special shipping requirements, such as refrigeration, are needed.

Visit [BehindtheBlur.com](https://www.behindtheblur.com) or scan the QR code to watch the tutorial video.

QUESTIONS OR CONCERNS? Contact a PreventionGenetics Client Service Rep at (715) 387-0484, ext. 0, or our Genetic Counseling Team at option 2, or email: support@preventiongenetics.com.

